



Unemployment industry veteran **Tom Brophy** has helped thousands of professionals negotiate the emotional and financial trauma of unemployment.

Little Victories will guide you in dealing with the rejection and depression that comes with unemployment.

Brophy identifies the three major sources of rejection, and shares techniques to get you back in the workplace. Your guideposts through the maze and uneasiness of unemployment, Brophy's proven principles create "**victories**" that lead directly to feeling better about yourself and improving your chances of employment.

These principles, distilled from over 40,000 one-on-one interviews with unemployed professionals, have resulted in 92% back-to-work in 5.2 months. (The average unemployed professional, who earned a salary of \$60,000 or more per year, is out of work for 13.5 months.) By creating victories and avoiding rejection, you can build confidence, reclaim your self-esteem, and return to being the proud and successful human being that you deserve to be.

Praise for *Little Victories* and Tom Brophy

For me, the introduction to **Little Victories** could not have been more timely to help me process my feelings and to offer practical direction. **Little Victories** helped ease my stress by teaching me that what I was experiencing was perfectly natural and expected.

Little Victories includes many helpful tools to guide you through the stages of unemployment from dealing with the emotional challenges to preparing to conduct your job search. When you need them the most, **Little Victories** reinforces

the importance of small victories – in support of your psyche, your job search, and those around you.

David Ellison
VP, Compensation & Benefits

As an HR executive, I have been too often on the other side of the process, and have seen the debilitating effect it takes on an individual who gets the news that they no longer are employed. I recommend **Little Victories** as a must read for anyone who has been terminated for any reason.

Little Victories gives a complete and concise overview of the emotional process that one experiences along with recommended actions to take in getting back into the job market.

J. "Tony" Boccanfuso

Little Victories offers a compelling and informative approach to surviving the hardships of a job loss, and overcoming them to land a new job. Tom's experience and passion are clear in every page of his advice.

Tony Lee,
Publisher
CareerCast.com



After many attempts and countless prayer, I can proudly say that I am happily employed. And Mr. Brophy was the first person I called.

Thank you Tom! Again!

Mimi Hamilton

Available in print and ebook from

amazon.com

www.tbrophy.com